Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Monday 03 Jul 2023 until 23:59 on Tuesday 04 Jul 2023

Forecast Issued on Monday 03 Jul 2023 at 02:42 by Met Office Aberdeen

Confidence: High for further showers over next few days. Also for winds becoming lighter and staying cold on the tops. Lower confidence on day to day shower detail.

Headline for Monday 03 Jul 2023: Rather cloudy. Scattered showers. More prolonged rain over north Highlands. Cold and still quite windy on the tops.

Mountain weather hazards on Monday 03 Jul 2023

Blizzards
No Likelihood

Gales
No Likelihood

Thunderstorms
Low Likelihood

Heavy persistent snow
No Likelihood

Severe chill effect
Low Likelihood

Heavy persistent rain
No Likelihood

Storm force winds
No Likelihood

Poor visibility
Low Likelihood

Strong sunlight
Low Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Light rain	Heavy rain showers	Heavy rain showers	Heavy rain showers	Light rain	Light rain
Precipitation probability					
60%	70%	70%	80%	80%	60%

Forecast for Monday 03 Jul 2023

Weather: Mostly cloudy on Monday with scattered showers or even some longer spells of rain in the north. Some of the showers will be heavy in afternoon with low risk of thunderstorms.

Chance of cloud-free hill tops above 800m: 70% decreasing 30% in north.

Low cloud and visibility: Away from showers, generally good visibility with fairly extensive cloud cover about 700 to 800m. There will be a canopy of higher level cloud, mostly above the summits but lowering during afternoon. Interruptions to poorer visibility near heavier showers and more widely in the north.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Mountain Weather Forecast

Forecast for Monday 03 Jul 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	32/37 W	28/35 W	26/34 W	24/32 W	24/32 W	13/19 W	10/14 NW
900	30/35 W	27/34 W	25/33 W	22/30 W	23/31 W	14/19 W	9/13 NW
600	21/26 W	20/27 W	19/27 W	17/25 W	16/24 W	11/16 NW	6/9 NW
300	7/27 W	7/26 W	9/26 W	8/24 W	8/23 W	4/14 W	4/11 NW
Glen	11/21 W	13/23 W	12/23 W	11/21 W	11/21 W	7/13 NW	5/11 N

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	3/-4	4/-2	5/-1	5/-0	5/-0	5/1	4/1
900	4/-2	5/-1	6/0	6/1	6/1	6/2	5/2
600	7/2	8/3	8/4	8/4	8/4	8/5	7/5
300	9/8	10/8	10/8	11/9	10/9	10/9	9/9
Glen	12/10	12/10	13/11	13/12	13/11	12/11	12/11
Freezing Level*	1500m	1700m	1700m	1800m	1900m	2000m	1900m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Some difficult walking conditions at higher elevations due to feeling cold with gusty winds and passing showers.

Forecast for Tuesday 04 Jul 2023
Weather: A cloudy start with a band of showery rain over many ranges at first, edging southwards during the morning. Drier, brighter conditions to follow from the north with sunny spells in the afternoon.

Maximum wind: Much lighter winds at all levels. Generally northwesterly winds with average speeds on the tops of 15mph.

Chance of cloud-free hill tops above 800m: 40% improving 80% by afternoon.

Low cloud and visibility: Rather misty conditions with patches of poor visibility at first. Also extensive cloud cover around 600 to 700m. Visibility will improve to very good from north during morning with clouds lifting and breaking up.

Temperature: **Glens:** Plus 9 Celsius rising to 15 Celsius.
At 800m: Plus 8 Celsius.
Freezing level: Above the summits.

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